

# BRAIN WORKS NATURALLY

FEBRUARY 2018 - NEWSLETTER

## JANICE FIORE

### NEW TECHNOLOGY BRINGS SUCCESS

Just got back from a wonderful training in Florida on **Quantum Reflex Integration™ (QRI)** techniques using cold laser technology. This protocol is used by clients all over the world based on the teachings of Bonnie L Brandes, M.ED. Bonnie was chairman of Special Education Services in San

Diego as well as being a Brain Gym® instructor and an instructor in the Masgutova Method. Testimonials on

this innovative technology are available on my website, [www.brainworks-naturally.com](http://www.brainworks-naturally.com). Beautiful combination of everything that works to connect the nervous system. Everything improves.

**“IF YOU WANT TO FIND THE SECRETS OF THE UNIVERSE THINK IN TERMS OF ENERGY FREQUENCY AND VIBRATION”**

-NIKOLA TESLA

### EMOTIONAL CLEARING SERVICES

Since becoming a Certified Provider last summer in both Aroma Freedom Technique™ (AFT) and The Emotion Code, I have been using the programs with clients with remarkable success. Services take less than an hour and provide the means to be a permanent change. The emotional messages stored by the subconscious block progress and keep us tied in old, non-

productive patterns.

I created a survey to work with clients who had craving issues. I met

with people in a small group for 3 weeks and the average was a 50% reduction in cravings using the AFT Technique.

Currently, I am offering an online class, “Breaking the Chains of Cravings Using AFT” that is being held for the entire month of February. I will have more conclusive results to share as we are using the same survey.

**Breaking the Chains of Cravings Using AFT (4-week online class, \$99)**

### WHAT IS THE AROMA FREEDOM TECHNIQUE™ ?



The Aroma Freedom Technique™ (AFT), is a step-by-step process for identifying and releasing negative thoughts, feelings, and memories that interfere with reaching our goals and dreams.

AFT is meant to be used to set a person's emotional energy flowing in a positive direction towards growth and expansion, rather than contracting in fear, doubt, and paralysis. It uses Young Living® essential oils to trigger a permanent shift in how we view ourselves and the world.

## LEARNING OPPORTUNITIES FOR FEBRUARY

**Immersion Class** to learn and practice the AFT protocol to share with family and friends without charging (1-5pm offered every other month on Saturdays. Check website for details. - \$99

**Certification Class** to become a certified practitioner, allowing you to charge for your sessions, 2 days of class (14 hours total) followed by 8 weeks of mentoring sessions as you complete the requirements. - \$599

### Introductory AFT Workshop

Explanation of the protocol, followed by a group clearing. Oils are provided. -\$20/person for up to 10 people; 13 +people-\$15/person.

### Brain Dance® with Nursery Rhymes

**February 15<sup>th</sup> at 10am- Family Enrichment Network in Johnson City, NY**

Developed by Anne Green Gilbert, the **Brain Dance®** is a series of exercises. It is comprised of eight developmental movement patterns that healthy human beings naturally move through in the first year of life.



### Motivators with Movement & Brain Breaks for the Classroom

**February 15<sup>th</sup> at 4-6pm-Oxford Middle School in Oxford, NY**

Learn to use simple movement strategies 3-10 minutes daily to build a brain reserve to help you work to potential. These movements can be done either sitting or standing. Exercise your working memory, improve focus, concentration and recall. Come and learn how to get your brain to grow!

### Brain Gym® for Special Needs Providers

**February 16<sup>th</sup>-19<sup>th</sup> at 8:30-5:30pm 23 Edgecomb Rd, Binghamton NY**

The movements you learn to do are relaxing and fun and can be used as transitions for focus and ways to prepare for learning. This work is based on the book, "Movement Based Learning for Children of All Abilities"

### Introduction to AFT

**March 3<sup>rd</sup> at 4-6pm**

**Dr. Francine Finucan DC Studio 36 Washington Ave, Endicott, NY**

You are invited to join us as we use essential oils & the Aroma Freedom Technique™ (AFT) to open a new door. Bring your best friend & share the process. \$20/person - Essential Oils Included. To Register: Call Dr. Finucan: 607-239-5388

### VOLT LIFE PRO (VLP)

Hooking up to this machine feeds a cycle of infinite frequencies through the body with 4 harmonic sweeps. Using it for 30 min sessions provides a stimulus and relaxation response. This enhances natural cellular communication processes and builds cellular energy for stability and repair. The magnetic pulses reduce pain, oxygenate cells, promotes healing, and improves energy. It can be especially helpful for cell repair for depression, bone fractures, inflammation, nerve regeneration and pain.



Your Initial Consultation is FREE!  
Introductory Service is only \$45! (savings of \$15)  
Call or Email to book your appointment!  
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