



In this course, you will have the opportunity to:

- Explore your Brain Gym learning style
- Understand the effect of stress in building compensations and impeding performance
- Experience new five-step processes to balance right and left-brain learning styles for optimal learning
- Discover latent gifts
- Develop a deeper understanding of Brain Gym's three dimensions
- Enjoy additional movements to the Brain Gym 26

Participating in an OBO class provides the hands-on fun of learning more about your individual uniqueness and the way you function in your world. You will leave with practical applications for yourself and your work.



### About the instructor:

Janice Fiore, MLS, licensed Brain Gym® practitioner since 2003, certified to teach Brain Gym® 101, Brain Gym® 170 for special needs providers, Optimal Brain Organization, and Visioncircles.

Janice has 37 years of experience in public education, with degrees from Wells College and Syracuse University. She has a background in education and whole-brain learning. She was an instructor of the Education and Learning Trust of New York State United Teachers, offering graduate courses through the College of St. Rose, Adelphi University, and Empire State College.

Janice has given workshops on Brain Gym® to teachers and businesses throughout the country and has a private practice with clients of all ages. She is passionate about sharing tools to help others reach their highest potential.

### BRAIN WORKS NATURALLY

23 Edgecomb Rd  
Binghamton, NY 13905  
607-797-9357

*Brain Works Naturally*

Connect Heart + Brain + Body



**BRAIN GYM® -  
OPTIMAL BRAIN  
ORGANIZATION**

**"IT'S NEVER TOO LATE  
TO ACTIVATE"**

*Taught by Janice Fiore, MLS  
Licensed Brain Gym®  
Practitioner*

# What is Optimal Brain Organization?

*Optimal performance follows movement patterns across the midline of the body in reciprocal left and right directions (as in Lazy 8's). Our earliest and oldest movement patterns (such as scanning the horizon) are directed away from the midline, while the more recently developed patterns of movement toward the midline represent a higher order of neurological functioning." (Dennison and Dennison)*

This course continues to build on the Introductory Brain Gym 101 course providing an in-depth experience of working in the midfield of our body/brain systems. We explore right-left patterns of specialization for our hemispheres, ears, eyes, hands and feet to increase our understanding of the sensory resources we have available to us. Four new five-step learning processes with in-depth noticing techniques are experienced as we move to balance our sensory resources for improved performance.

Optimal Brain Organization is a 16-hour course required for Brain Gym licensure. Brain Gym 101 is the prerequisite.



## Course Logistics

**Pre-requisites needed:** Brain Gym® 101

### Dates:

**Time:** 8:30-5:30pm daily

### Location:

Brain Works Naturally  
23 Edgecomb Rd.  
Binghamton, NY 13905

### Cost:

*Early Registration (two weeks in advance)*  
**\$350 standard fee**

*General Registration*  
**\$375 standard fee**

*Repeater Fee*  
**\$200 (must bring manual)**

**Note:** *Brain Works Naturally is recognized by the New York State Education Department's State Board for Occupational Therapy and Physical Therapy as an approved provider of continuing education for OT's, OTA's, PT's, & PTA's.*

## Optimal Brain Organization Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

I primarily work with this age group: (please circle)

0-3   Early Elementary   Upper Elementary  
Middle School   High School   Adults   Self

- I am enclosing full payment in the amount of \$\_\_\_\_\_\*
- I am enclosing a non-refundable deposit in the amount of \$50

### Instructions for Registration:

#### **Print and fill out this form**

Email to [janicefiore@gmail.com](mailto:janicefiore@gmail.com)

Please make check, money order or purchase order payable to **Janice Fiore** and mail to:

**23 Edgecomb Rd.  
Binghamton, NY 13905**

\*To purchase class by credit card, go to our SHOP → Classes → Brain Gym-OBO → Choose Class Date