



About the instructor:

Janice Fiore, MLS,
licensed Brain Gym®
practitioner since 2003,
certified to teach Brain

Gym® 101, Brain Gym® 170 for Special
Needs Providers, Optimal Brain
Organization, and Visioncircles.

Janice has 37 years of experience in
public education, with degrees from
Wells College and Syracuse University.
She has a background in education and
whole-brain learning. She was an
instructor of the Education and Learning
Trust of New York State United Teachers,
offering graduate courses through the
College of St. Rose, Adelphi University,
and Empire State College.

Janice has given workshops on Brain
Gym® to teachers and businesses
throughout the country and has a private
practice with clients of all ages. She is
passionate about sharing tools to help
others reach their highest potential.

BRAIN WORKS NATURALLY

23 Edgecomb Rd.
Binghamton, NY 13905
607-797-9357



In this course, students learn:

- 26 Brain Gym® movements
- The 5-step Balance Process which targets goals for learning and performance
- Several different balances that apply to daily living
- The principles of movement-based learning and the three dimensions of learning
- About the dynamic brain, removing blocks to learning and ways to enhance success in the classroom

BRAIN GYM® 101

**“IT’S NEVER TOO LATE TO
ACTIVATE”**

*Taught by Janice Fiore, MLS
Licensed Brain Gym®
Practitioner*

What is Brain Gym® 101 ?

This 24-hour experiential course provides an in-depth study of how to use Brain Gym® with infants, children, adults and seniors.



What would you like to improve, do faster, make easier or more efficient? Gain tools to remove obstacles to success and reduce stress. Applicable for all ages - infants,

toddlers, preschoolers, students, parents, artists, educators, health care practitioners, and business professionals.

Participants will leave the course with new tools to use to improve learning and performance. They will find that these tools are immediately applicable in home, school and everyday life. The movements are easy to do, playful and fun.



Course Logistics

No pre-requisites needed: Complements all Brain Gym® classes.

Dates:

Time: 8:30-5:30pm daily – 3 day course
(24 contact hrs)

Location:

Brain Works Naturally
23 Edgecomb Rd.
Binghamton, NY 13905

Cost:

Early Registration (two weeks in advance)
\$395 standard fee

General Registration
\$425 standard fee

Repeater Fee
\$200 (must bring manual)

Note: Brain Works Naturally is recognized by the New York State Education Department's State Board for Occupational Therapy and Physical Therapy as an approved provider of continuing education for OT's, OTA's, PT's, & PTA's.

Brain Gym® 101 Registration

Name: _____

Address: _____

City/State: _____ Zip: _____

Email: _____

Phone: _____

I primarily work with this age group: (please circle)

0-3 Early Elementary Upper Elementary

Middle School High School Adults Self

I am enclosing full payment in the amount of \$_____*

I am enclosing a non-refundable deposit in the amount of \$50

* **Note:** \$50 of payment is a non-refundable deposit

Instructions for Registration:

1. Print and fill out this form
2. Email to janicefiore@gmail.com
3. Please make check, money order or purchase order payable to **Janice Fiore** and mail to:

**23 Edgecomb Rd.
Binghamton, NY 13905**

*To purchase class by credit card, go to our SHOP → Classes → Brain Gym 101